Fort Edward Menu

December Breakfast

Tuesday	Wednesday	Thursday	Friday Apple Frudel
			Apple Frudel
			Diced peaches, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice
Whole Grain Pancakes with Syrup Oatmeal or cold cereal Mixed fruit, Fresh Fruit Apple juice or Orange juice	Mini waffles w/ syrup Apple Sauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice	7 Bagel with Cream Cheese Apple Sauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice	8 Cherry Frudel Diced peaches, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice
Joy of scrambled eggs w/ Toast Mixed fruit, Fresh Fruit Apple juice or Orange juice	Pancakes with Syrup Applesauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice	Whole Grain Donut Apple Sauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice	Cinnamon Cream Cheese Bagel Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice
Bagel with Cream Cheese Diced pears, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice	Cinnamon Cream Cheese Bagel Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice	Breakfast Corn Dog Mixed fruit, Fresh Fruit Oatmeal or cold cereal Apple juice or Orange juice	Bagel with Cream Cheese Apple Sauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice
26 Holiday Recess	27 Holiday Recess	28 Holiday Recess	Holiday Recess
Bagel with Cream Cheese Diced pears, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice	Mini French Toast Applesauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice	Whole Grain Donut Apple Sauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice	Breakfast Corn Dog Mixed fruit, Fresh Fruit Oatmeal or cold cereal Apple juice or Orange juice
	Oatmeal or cold cereal Mixed fruit, Fresh Fruit Apple juice or Orange juice 12 Joy of scrambled eggs w/ Toast Mixed fruit, Fresh Fruit Apple juice or Orange juice 19 Bagel with Cream Cheese Diced pears, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice 26 Holiday Recess Bagel with Cream Cheese Diced pears, Fresh Fruit Oatmeal or Cold cereal	Oatmeal or cold cereal Mixed fruit, Fresh Fruit Apple juice or Orange juice 12 Joy of scrambled eggs w/ Toast Mixed fruit, Fresh Fruit Apple juice or Orange juice 13 Pancakes with Syrup Applesauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice 19 Bagel with Cream Cheese Diced pears, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice 20 Cinnamon Cream Cheese Bagel Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice 26 Holiday Recess Mini French Toast Applesauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice Applesauce, Fresh Fruit Oatmeal or Cold cereal Applesauce, Fresh Fruit Oatmeal or Cold cereal	Oatmeal or cold cereal Mixed fruit, Fresh Fruit Apple juice or Orange juice 12 Joy of scrambled eggs w/ Toast Mixed fruit, Fresh Fruit Apple juice or Orange juice 13 Pancakes with Syrup Applesauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice 14 Whole Grain Donut Apple juice or Orange juice 15 Pancakes with Syrup Applesauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice 16 Pancakes with Syrup Applesauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice 17 Pancakes with Syrup Applesauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice 18 Pancakes with Syrup Applesauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice 20 Cinnamon Cream Cheese Bagel Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice 21 Parcakes with Syrup Apple Sauce, Fresh Fruit Oatmeal or cold cereal Apple juice or Orange juice 21 Parcakes with Syrup Apple sauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice 21 Parcakes with Syrup Apple sauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice 22 Parcakes with Syrup Apple sauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice 22 Parcakes with Syrup Apple sauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice 23 Parcakes with Syrup Apple sauce, Fresh Fruit Oatmeal or Cold cereal

Whole Grain Bakery Fresh Bagel with cream cheese or butter, Assorted Cereals, Cheese Sticks, Fresh Fruit, 100% Fruit Juice