Fort Edward BREAKFAST Menu

January Menu

Tuesday	Wednesday	Thursday	Friday
2	Cinnamon Roll Diced peaches, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice	Cinnamon Cream Cheese Bagel Diced peaches, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice	Apple Frudel Diced peaches, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice
Whole Grain Pancakes with Syrup Oatmeal or cold cereal Mixed fruit, Fresh Fruit Apple juice or Orange juice	Assorted Muffins Apple Sauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice	Sausage, Egg & Cheese Apple Sauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice	Cherry Frudel Diced peaches, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice
Bagel with Cream Cheese Mixed fruit, Fresh Fruit Apple juice or Orange juice	Pancakes with Syrup Applesauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice	Whole Grain Donut Apple Sauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice	Breakfast Corn Dog Mixed fruit, Fresh Fruit Oatmeal or cold cereal Apple juice or Orange juice
Bagel with Cream Cheese Diced pears, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice	Breakfast Pizza Mixed fruit, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice	Bacon, Egg & Cheese Biscuits Apple Sauce, Fresh fruit Oatmeal or Cold Cereal Apple juice or Orange juice	Whole Grain Donut Diced Peaches, Fresh Fruit Oatmeal or Cold Cereal Apple or Orange Juice
Assorted Muffins Applesauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice	Breakfast Pizza Mixed fruit, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice	French Toast Sticks Diced pears, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice	Cherry Frudel Diced Peaches, Fresh Fruit Oatmeal or Cold Cereal Apple Juice or Orange Juice
	9 Whole Grain Pancakes with Syrup Oatmeal or cold cereal Mixed fruit, Fresh Fruit Apple juice or Orange juice 16 Bagel with Cream Cheese Mixed fruit, Fresh Fruit Apple juice or Orange juice 23 Bagel with Cream Cheese Diced pears, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice 30 Assorted Muffins Applesauce, Fresh Fruit Oatmeal or Cold cereal	Cinnamon Roll Diced peaches, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice 10 Whole Grain Pancakes with Syrup Oatmeal or cold cereal Mixed fruit, Fresh Fruit Apple juice or Orange juice 16 Bagel with Cream Cheese Mixed fruit, Fresh Fruit Apple juice or Orange juice 17 Pancakes with Syrup Applesauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice 23 Bagel with Cream Cheese Diced pears, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice 24 Breakfast Pizza Mixed fruit, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice 30 Assorted Muffins Applesauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice Mixed fruit, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice Mixed fruit, Fresh Fruit Oatmeal or Cold cereal Applesauce, Fresh Fruit Oatmeal or Cold cereal	Cinnamon Roll Diced peaches, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice Diced peaches, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice Diced peaches, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice Apple Sauce, Fresh Fruit Oatmeal or Cold cereal Apple juice or Orange juice Apple juice or

Alternative Menu Options

(Offered Daily)

Whole Grain Bakery Fresh Bagel with cream cheese or butter, Assorted Cereals, All Natural Yogurt Parfaits with Granola & Fruit Natural Yogurt Cups, Mozzarella Cheese Sticks, Fresh Fruit, 100% Fruit Juice